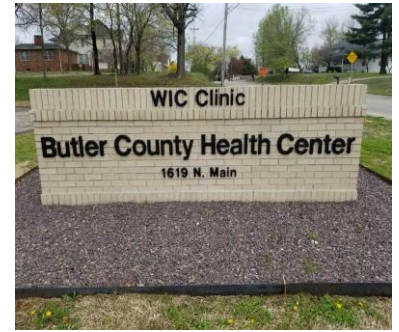


September 2022 Newsletter



Late night Covid Clinic here at Butler County Health Department on August 9th from 5:00p.m. – 7:00p.m.

September 1st – 7th is National Nutrition Week.

September 10th is World Suicide Prevention Day

September 11 is World First Aid Day

September 21st is World Alzheimer's Day

September 29th is World Heart Day



Butler County Health Department

1619 North Main St. Poplar Bluff MO 63901

www.butlercountyhealth.org 573-785-8478



Community Outreach Day

Date: Friday, September 30, 2022
10 am – 2 pm

First United Methodist Church
Poplar Bluff, MO

- ❖ Housing
- ❖ Medical
- ❖ Groceries
- ❖ Employment
- ❖ Haircuts
- ❖ More
- ❖ Social Services
- ❖ Clothing

Community Outreach Day is a one stop event where individuals and families in need can access free services and assistance.

One Day... One Stop... One Community

Optional- Bring 2 forms of identification if you have them. ID not required for event!

Call For Information: 573-778-4425

Brought to you by the
Poplar Bluff Community Outreach Coalition



FREE SENIOR HEALTH FAIR

AGE 50+

OVER 50 COMMUNITY BUSINESSES WILL BE THERE TO SERVE YOU!

FOR MORE INFO CALL 573-686-8624



Health Screenings

Eye Glass Adjustments

Vaccinations

Community Services

Health Education

DOOR PRIZES, SNACKS AND GIVEAWAYS!!

506 HAZEL ST.
TWIN TOWERS
POPLAR BLUFF

September 27th
10:00am till 2:00pm

THE BUTLER COUNTY WELLNESS COUNCIL
PRESENTS

A WALK IN THE PARK

October 01, 2022
11am - 2pm
Hendrickson Park

Our Services:

- Well-women exams
- Birth control counseling and education
- Preconception care
- Pregnancy testing/counseling
- HIV screening
- STD/STI testing & treatment
- Birth Control methods:

IUDs & implants, Depo-Provera (the shot), Birth control Pills, Female and Male condoms, Abstinence Education, Fertility Awareness based methods (natural family planning)

More Important News/Program Information

Child Care Health Consultation (CCHC) Program:

The CCHC Program offers educational courses to children and their childcare providers. The courses for children cover behaviors, safety, immunizations, growth and development, hygiene, and nutrition. The courses for childcare providers cover childcare basics, abuse and neglect, behavioral health, communicable diseases, emergency preparation, environmental hazards, growth development, hygiene, immunization, obesity prevention, poison prevention, safety, special health care needs, and staff wellness.

WIC

New locations for WIC appointments now available! We are now offering satellite clinics at Poplar Bluff Bread Shed and Karen West Head Start once a month beginning in August. Call the local WIC office at 573-785-7044 for an appointment.

Effective November 1st, 2021, cash value benefits for fruits and vegetables will increase. This will be effective November 1, 2021 – September 30, 2022.

- Pregnant\postpartum participants will receive \$43.
- Breastfeeding participants will receive \$47.
- Children will receive \$24.
- Due to formula shortages, temporary formula alternatives are available until at least August 31, 2022. A list of formula alternatives and more information is available online at <https://health.mo.gov/living/families/wic/families/>
- Breastfeeding support is available through our Breastfeeding Peer Counselor Program. Our Breastfeeding Peer Counselors offer breastfeeding support groups, breastfeeding classes, latch assessments and one on one counseling. Join our Breastfeeding Support Group on Facebook: <http://www.facebook.com/groups/butlercountywicbreastfeedingsupport/>
- If you have any questions, please call the Butler County WIC office at 573-785-7044 Monday-Friday 8:00am-4:30pm.
- Contact your WIC local agency to learn more <https://health.mo.gov/.../fam.../wic/families/findalocation/>
- [#WIC](#) [#Missouri](#) [#women](#) [#infants](#) [#children](#) [#food](#)



Overdose Data to Action (OD2A) Program

The ODA program combats the opioid epidemic within Butler County by establishing/enhancing local and regional partnerships, raising community awareness, preventing drug abuse, reduce overdose rates, partaking in treatment/recovery follow-up visits, and offering Narcan (Naloxone) courses to the community and first responders.

To schedule classes for your childcare center, or to schedule a Narcan training, please email amy.bland@lpha.mo.gov, or call the Butler County Health Department at 573-785-8478 and ask for Amy Bland.



Important Announcements:

The health department offers FREE Narcan/Naloxone training for anyone, any age. If you would like to be certified and carry Narcan- Contact Amy Bland - amy.bland@lpha.mo.gov or at 573-785-8478

OraQuick In-Home HIV Test are available to those who qualify. For questions, contact Selina, BCHD

Departments

- Women, Infants and Children
- Environmental Health Specialists
- Public Health Clinic
- Health Education
- Children and Youth with Special Healthcare Needs
- HIV case Management
- HIV/STD Prevention



We have partnered with Missouri Highlands to bring to our community the first Narcan vending machine in the state of Missouri!!! It is located inside the lobby of the health department. It is free of charge and no training or identification required. There are vouchers and Narcan Instruction sheets on the wall to the right of the machine. Come by the health department and check it out!!

Community Gardening



We have lettuce, radishes tomatoes, cucumbers, squash, sweet peppers, and green onions growing in our community garden. We are growing romaine cimmaron lettuce, cabbage, spinach, cilantro, oregano, basil, rosemary, sage, buttercrunch lettuce, and rainbow chard in our tower garden. It is available in our lobby. If you would like more information or want to participate in this garden or the other community gardens in Butler County, please contact the Health Department, Community Resource Council or the Parks and Recreation Department.

Family Planning

At Butler County Health Department, we're committed to providing our clients with high quality, confidential reproductive healthcare at an affordable cost. Services are available to women, men and teens regardless of insurance status, income or age restrictions. Teens— we encourage parental involvement in your healthcare, but it is not a requirement to be seen at our family planning clinic.



Covid Update:

The Butler County Health Department is facilitating weekly vaccination clinics here at the health department! Clinics will be held every Friday 8am-3:30pm and the first Tuesday of the month from 5pm-7pm. Moderna and Pfizer will be available for those 6 months of age and older. Initial, second, third and booster doses are available. Give us a call at 573-785-8478 to set up your appointment!

Covid Testing is available every Wednesday from 12-4p.m. Go to butlercountyhealth.org to set up an appointment.





The Health Department is also accepting book donations for our Little Red Bookshelf program. This program allows children who visit our health department to take a book from our bookshelf home with them. We would love to have any donated books for children!! Just drop them off at the Butler County Health Department.

Register for one call (Special Health Care Needs)

Butler County Emergency Management Agency in conjunction with the Butler County Health Department is attempting to develop a registry of individuals with Special Healthcare Needs who may require special assistance in the event of a disaster such as a tornado, severe storm, chemical spill, or earthquake.

Examples of Special Healthcare Needs are individuals:

- With severe respiratory problems (oxygen or ventilator dependent) that require a power source or ambu bag
- Dependent on airway suctioning (tracheotomy)
- On IV (intravenous) therapy
- Require tube feedings
- Require wound care or help with injections on a daily basis
- With physical or mental conditions that require daily medication
- Language or cultural barrier
- Hearing or Speech Impairment

This is a voluntary registration. The information you provide will be confidential and will be used by emergency personnel only to determine our community's needs in the event of a disaster. You can now register on our website. Scroll all the way to the bottom of the page and click on the link. If there are any questions, feel free to call Butler County Emergency Management Office at 573-686-8686 or the Butler County Health Department at 573-785-8478 ask for Chelsae.

